

BREAKFAST MENU




CROWNE PLAZA[®]
AN IHG[®] HOTEL
DUBLIN AIRPORT

CROWNEPLAZA.COM

COLD BREAKFAST BUFFET

FRUIT JUICES

ORANGE
APPLE
CRANBERRY

SELECTION OF FRUITS, NUTS & SEEDS

DUO OF MELON
ORANGE SEGMENTS
RUBY GRAPEFRUIT SEGMENTS
FRESHY CUT PINEAPPLE
STEWED APRICOTS CONTAINS: 4
STEWED DRIED FRUIT COMPOTE
CONTAINS: 4
DRIED BANANA
DRIED APRICOTS CONTAINS: 4
RAISINS
WALNUTS CONTAINS: 5 (WN)
HAZELNUTS CONTAINS: 5 (HN)
FLAKED ALMONDS CONTAINS: 5 (A)
SUN OWER SEEDS
PUMPKIN SEEDS

FROM THE BAKERY

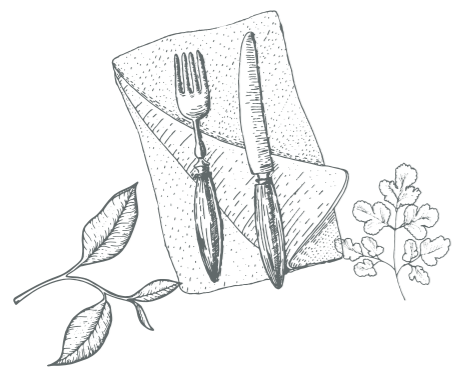
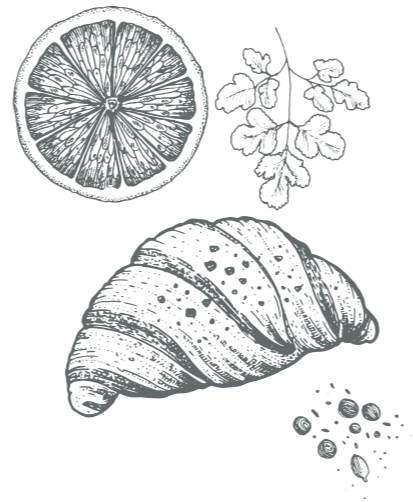
BUTTER CROISSANTS CONTAINS: 2, 6, 10 (W)
DANISH PASTRIES CONTAINS: 2, 5 (A), 6, 10 (W)
SKINNY BLUEBERRY MUFFIN CONTAINS:
2, 6, 10 (W)
DOUBLE CHOCOLATE MUFFIN
CONTAINS: 2, 6, 7, 10(W)
SLICED WHITE & BROWN BREAD
CONTAINS: 7, 10 (W)
BROWN SODA BREAD CONTAINS: 2, 10 (W)
COUNTRY LOAF CONTAINS: 10 (W)(R)
BREAD ROLLS CONTAINS: 10 (W)

YOGHURT OPTIONS

GREEK STYLE NATURAL YOGHURT
CONTAINS: 2
UNSWEETENED NATURAL YOGHURT
CONTAINS: 2
SELECTION OF FULL & LOW-FAT
FRUIT YOGHURTS CONTAINS: 2
COLD MEATS SELECTION
MORTADELLA CONTAINS: 4, 5 (P)
SALAMI CONTAINS: 2,4
COOKED SLICED HAM CONTAINS: 4
CHORIZO CONTAINS: 2, 4
TURKEY CONTAINS: 4
IRISH CHEESE SELECTION
BANDONVALE VINTAGE CHEDDAR
CONTAINS: 2
DURRUS FARMHOUSE CONTAINS: 2
SMOKED APPLEWOOD CONTAINS: 2
BRIE CONTAINS: 2

SELECTION OF MUESLI & CEREALS

BRAN FLAKES CONTAINS: 10A, 10C
SPECIAL K CONTAINS: 10A, 10C
CORN FLAKES CONTAINS: 10C
RICE KRISPIES CONTAINS: 10C
WEETABIX CONTAINS: 10A, 10C
FROSTIES CONTAINS: 10A, 10C
MUESLI CONTAINS: 1, 5G, 10B, MCT 2, 7
BIRCHER MUESLI CONTAINS: 2, 4, 5 (WN)(A), 10
(W)(B)(O)



ALLERGENS

OUR DISHES CONTAIN THE FOLLOWING ALLERGENS

1 PEANUTS, 2 DAIRY, 3 SHELL SH, 4 SULPHITES, 5 NUTS, 5A ALMONDS, 5B WALNUTS, 5C PINE NUT, 5D CASHEW, 5E BRAZIL NUTS, 5F MACADAMIA NUTS, 5G PISTACHIO, 5F COCONUT, 5H HAZELNUTS, 6 EGGS, 7 SOY, 8 SESAME, 9 FISH, 10 GLUTEN, 10A WHEAT, 10B OATS, 10C BARLEY, 10D RYE, 11 MUSTARD, 12 CELERY, 13 MOLLUSCS, 14 LUPIN, MCT - MAY CONTAIN TRACES

HOT BREAKFAST BUFFET

FROM OUR HOT BUFFET

GRILLED BACK BACON
PORK SAUSAGE CONTAINS: 4, 10 (W)
GRILLED TOMATO
SAUTÉED MUSHROOMS
SAUTÉED POTATOES AND ONIONS
BLACK PUDDING & WHITE PUDDING CONTAINS: 4, 7, 10 (W) (O), 11
BAKED BEANS
FRIED EGGS CONTAINS: 6
SCRAMBLED EGGS CONTAINS: 2, 6

MORNING SPECIALS

TRADITIONAL BUTTERMILK PANCAKES & SYRUP
CONTAINS: 2,6, 10 (W)
BELGIAN WAFFLES CONTAINS: 6, 7, 10 (W)
TRADITIONAL PORRIDGE CONTAINS: 2, 10 (O)



COOKED TO ORDER

GRILLED KIPPERS CONTAINS: 2, 9
WITH GRILLED TOMATO AND TORCHED LEMON
IRISH SMOKED SALMON CONTAINS: 2, 4, 9, 10 (W)
SERVED WITH WHEATEN BREAD AND LEMON
SMOKED HADDOCK CONTAINS: 2, 6, 9
SERVED WITH POACHED EGG
POACHED EGGS CONTAINS: 4, 6
BOILED EGGS CONTAINS: 6
3 EGG OMELETTE CONTAINS: 6
PLAIN OR CHOOSE FROM:
HAM (CONTAINS: 4),
TOMATO, ONION, PEPPERS, MUSHROOM, CHEDDAR
CHEESE (CONTAINS: 2)

VEGAN OPTIONS

VEGAN SOYA YOGURTS CONTAINS: 7
VEGAN DANISH PASTRY
CONTAINS: 5 (HN)(A)(PC), 10(W)(B)(R)
PORRIDGE WITH FRESH BERRIES CONTAINS: 10 (W)(O)
VEGAN BREAKFAST BURRITO
CORIANDER & LIME RICE, BLACK BEANS, AVOCADO, BABY
GEM LETTUCE, RED ONION, SWEET CORN,
PEPPERS, VEGAN CHEESE IN A TORTILLA WRAP WITH
POMEGRANATE DRESSING CONTAINS: 4, 10 (W), 12

PLEASE ALLOW 10-15MINUTES FOR OMELETTES AND SH ITEMS AS THESE ARE COOKED TO ORDER.

HOT & COLD BEVERAGES

Regular or Decaffeinated Coffee

Cappuccino CONTAINS: 2
Café latte CONTAINS: 2
Espresso
Mocha CONTAINS: 2
Macchiato CONTAINS: 2
Hot chocolate CONTAINS: 2

Irish breakfast tea

Earl grey tea
Selection of herbal teas
Milk CONTAINS: 2
Skimmed milk CONTAINS: 2
Soya milk CONTAINS: 7
Almond milk CONTAINS: 5 (A)

Guests who have breakfast included in their rate can enjoy the buffet breakfast or order one a la carte dish from the menu, hot drinks and toast are free-flowing and included in the inclusive price. Non-inclusive guests should pay for breakfast consumed, either buffet breakfast or a la carte, hot drinks and toast are charged individually. Prices include VAT at 20%