## EACT AND EDECH

FAST AND FRESH	
Feta Cheese, Sweet Potato, Quinoa & Mixed Seeds Salad With mixed leaves, cherry tomatoes, orange segments,	€15.50
pumpkin & sunflower seeds & a lemon, honey, orange & basil vind Contains: 2, 4, 11, 12	aigrette
<b>Singapore Noodles</b> Light rice noodles wok fried with curry paste, shrimps, char-grilled chicken & Asian vegetables Contains: 3, 6, 10W	€22.00
Vegan Singapore Noodles Light rice noodles wok fried with curry paste, & Asian vegetable Contains: 10W	<b>€19.50</b> les
Garlic Prawn Linguine Broad beans, baby spinach, with semi-dried tomatoes & basil crean Contains: 2, 3, 4, 10W 12	<b>€24.50</b> <i>n sauce</i>
SELECTION OF DIPPING SAUCES	)
Ranch Dressing Contains: 2, 4, 6, 11	€3.50
Chipotle Mayonnaise Contains: 4, 6, 11	€3.50
Gochujang chilli & honey dressing Contains: 7, 8	€3.50
Garlic Mayonnaise Contains: 4, 6, 11	€3.50
Blue Cheese Dip Contains: 2, 4, 6, 11	€3.50
Garlic Butter Contains: 2	€3.50
DESSERTS	
Lotus Biscoff Cheesecake With crème anglaise Contains: 2, 6, 7, 10W	€12.50
Salted Caramel & Chocolate Brownie Sundae	€12.50
Salted Caramel & Chocolate Brownie Sundae Contains: 2, 6, 7, 10W Apple Tart with vanilla ice-cream Contains: 2, 4, 5A, 6, 10W	€12.50 €11.50

Choose three scoops of the following flavors Vanilla, mocha coffee, strawberry, chocolate, salted caramel Contains: 2, 6

€9.50

€8.50

€11.50

Selection of Boulaban Irish Ice-Cream

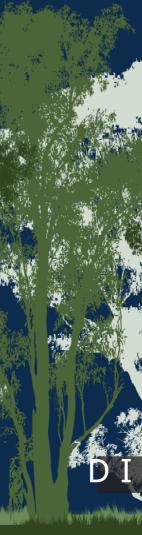
Sorbet Selection Coconut, mango & raspberry sorbets Contains: None **Chocolate & Hazelnut Fondant** 

served with Vegan Vanilla Ice Cream ontains: 5 (HN), 10W

## **VEGAN MENU**

Vegan Homemade Soup of the Day Contains: 12	€8.50	
Served with a freshly baked country loaf bread Contains: 10 W		
Vegan Breaded Mushrooms With vegan garlic mayonnaise Contains: 4, 7, 10W	€11.50	
<b>Vegan Burrito Bowl</b> <i>Coriander lime rice, black beans, avocado, baby gem lettuce, ressweetcorn, peppers, chilli dressing</i> Contains 4, 12	€18.50 ed onion,	
Avocado, Sweet Potato, Quinoa & Mixed Seeds Salad With mixed leaves, cherry tomatoes, orange segments, pumpkin & sunflower seeds & a lemon, honey, orange & basil vinaig. Contains: 4, 11	€14.50 rette	
Vegan Singapore Noodles Light rice noodles wok fried with curry paste & Asian vegetables Contains: 10W	€19.50	
<b>Tofu Fried Rice</b> <i>With Asian vegetables, peas &amp; soya sauce</i> Contains: 7, 8, 10	€18.50	
Vegan Thai Yellow Coconut Curry With Asian vegetables, tofu & basmati rice Contains: 4, 7, 12	€19.50	
Yaki Udon Noodles With stir-fried vegetables, ketjap manis soya dressing Contains: 7, 8, 10W	€18.50	
Add Tofu €5.00 Contains: 7, 10W		
Our dishes contain the following allergens: 1 Peanuts 2 Milk 3 Shellfish 4 Sulphites/ 5 Tree nuts/ 6 Eggs/ 7 Soya/ 8 Sesame/ 9 Fish/ 10 Cereals containing gluten (B) = Barley (W) = Wheat (O) = Oats (R) = Rye/ 11 Mustard/ 12 Celery/ 13 Molluscs/ 14 Lupin/ (WN)=Walnuts (HN) = Hazelnuts (P) = Pistachios (PN) = Peanuts (PI)= Pine nuts (CN) = Cashew nuts (A) = Flaked Almonds (TN) = Tree Nuts (PC) = Pecans		
All beef used within our menu is 100% Irish and locally sou Our oil used for frying is GM free pure rapeseed oil.	rced.	
Dear Guest, please be informed that we do not split bills for tables of 6 or more.		

# TAKE CHARGE. RECHARGE IN CINNABAR



OPEN DAILY FROM 3PM - 10PM

NNER MENU

A NAVANA 128

# 

	SOUP	
	Homemade Soup of the Day & Soda Bread Contains: 2, 10W, 12	€8.50
	<b>Seafood Chowder</b> <i>Mixed fish in a creamy broth with potatoes, smoked bacon, gan</i> <i>white wine &amp; parsley</i>	€17.50 lic,
	Served with soda bread Contains: 2, 4, 9, 12, 10W/ B	
	SALAD CORNER	
	Feta Cheese, Sweet Potato, Quinoa & Mixed Seeds Salad	€15.50
	With mixed leaves, cherry tomatoes, orange segments, pumpkin & sunflower seeds & a lemon, honey, orange & basil vina Contains: 2, 4, 11	nigrette
	<b>Burrito Bowl</b> Spiced chicken breast, coriander lime rice, black beans, avocado, baby gem lettuce, red onion, sweet corn, peppers, chilli dressing Contains: 4, 12	€21.00
	<b>Cinnabar Caesar Salad</b> <i>Smoked bacon lardons, baby gem lettuce, garlic focaccia croutor</i> <i>poached egg, shaved parmesan, garlic dressing</i> Contains: 2, 4, 6, 7, 9, 10W, 11	<b>€15.50</b> ∩ <i>S,</i>
	Add chicken	€6.00
/	Add prawns Contains: 3	€6.50
	Add avocado	€6.00
	APPETISERS	
	Chicken Wings & Blue Cheese Dip With pomegranate BBQ sauce or Hot sauce Contains: 2, 4, 6, 7, 8, 10W, 11	€16.90
	Southern Fried Chicken Goujons With ranch dressing Contains: 2, 4, 6, 7, 10W, 11	€11.50
	Mini Fish Cakes With Gochujang chilli & honey dressing Contains: 4, 7, 8, 10W	€16.50
	Garlic Prawns	€14.50

With butter sauce and grilled country loaf bread Contains: 2, 3, 10W **Texas Style BBQ Pork Ribs** 

€15.50

€11.50

Contains: 2, 4, 7, 10W

**Breaded Mushrooms** With Vegan Garlic Mayonnaise Contains: 4, 7, 10W

# ΜΔΤΝς

MAINS		
Fresh Market Fish In a light craft beer batter, pea remoulade sauce, grilled lem Contains: 4, 6, 9, 10 W/B, 11	,	€28.00
Garlic Prawn Linguine Broad beans, baby spinach, w & basil cream sauce Contains: 2, 3, 4, 10W, 12	ith semi dried tomatoes	€24.50
<b>Chargrilled 8oz Sirloin Ste</b> <i>Rosemary roasted baby potat</i> <i>mushroom &amp; creamy pepperc</i> Contains 2, 4, 7, 12.	toes, tender stem broccoli, porto	<b>€36.00</b> bello
Add prawns Contains: 3	€6.50	
Pan Seared Salmon Fillet Champ mashed potatoes, tend lemon & parsley cream sauce Contains: 2, 4, 9		€29.50
Roasted 5 Spice & Honey Stir-fried vegetables, basmat Asian style orange & cardamo Contains: 4, 7, 8, 10W	ti rice,	€35.00
	bles, ketjap manis soya dressing	€21.50 ′
Contains: 3, 7, 8, 10W		
Add Chicken	€6.00	
Add Chicken Singapore Noodles	€6.00 <i>ith curry paste, shrimps, char-gril</i>	€22.00 lled
Add Chicken Singapore Noodles Light rice noodles wok fried w chicken & Asian vegetables	ith curry paste, shrimps, char-gril	00
Add Chicken Singapore Noodles Light rice noodles wok fried w chicken & Asian vegetables Contains: 3, 6, 10W Thai Yellow Chicken Vege With basmati rice Contains: 4, 12 Fried Rice Dish With Asian vegetables, pea &	<i>vith curry paste, shrimps, char-gril</i>	led
Add Chicken Singapore Noodles Light rice noodles wok fried w chicken & Asian vegetables Contains: 3, 6, 10W Thai Yellow Chicken Vege With basmati rice Contains: 4, 12 Fried Rice Dish With Asian vegetables, pea & Contains: 7, 8, 10W Add Shrimp	<i>vith curry paste, shrimps, char-gril</i>	led €22.00
Add Chicken Singapore Noodles Light rice noodles wok fried with chicken & Asian vegetables Contains: 3, 6, 10W Thai Yellow Chicken Veget With basmati rice Contains: 4, 12 Fried Rice Dish With Asian vegetables, pea & Contains: 7, 8, 10W Add Shrimp Contains: 3 Add Tofu	<i>vith curry paste, shrimps, char-gril</i> <b>etable &amp; Coconut Curry</b> & <i>soya sauce</i>	led €22.00
Add Chicken Singapore Noodles Light rice noodles wok fried w chicken & Asian vegetables Contains: 3, 6, 10W Thai Yellow Chicken Vege With basmati rice Contains: 4, 12 Fried Rice Dish With Asian vegetables, pea & Contains: 7, 8, 10W Add Shrimp Contains: 3	<i>with curry paste, shrimps, char-gril</i> <b>etable &amp; Coconut Curry</b> <i>&amp; soya sauce</i> <b>€6.50</b>	led €22.00
Add Chicken Singapore Noodles Light rice noodles wok fried wichicken & Asian vegetables Contains: 3, 6, 10W Thai Yellow Chicken Vegetables Contains: 4, 12 Fried Rice Dish With Asian vegetables, pea & Contains: 7, 8, 10W Add Shrimp Contains: 7, 8, 10W Add Tofu Contains: 7, 10W Add Chicken Our dishes conton 1 Peanuts/ 2 Milk/ 3 Shellfish/ Sesame/ 9 Fish/ 10 Cereals conton Oats (R) = Rye/ 11 Mustard/ 12 C (HN) = Hazelnuts (P) = Pistach Cashew nuts (A) = Flaked A	vith curry paste, shrimps, char-gril etable & Coconut Curry & soya sauce €6.50 €5.00	€22.00 €20.50 €20.50 Soya/ 8 eat (0) = = Walnuts s (CN) = ecans

# **BURGER CORNER**

Gahan's Gourmet
Gourmet 8oz beef b
Irish smoked ketchi
Contains: 2, 4, 6, 10W

Add a fried egg Add bacon

Korean Style Chicken Burger bap & fries, kimchi mayo on the side Contains: 2, 4, 6, 7, 8, 10W

Make it double

Add a fried egg

Add bacon

# **PLATTERS**

**Fisherman's Platter** honey dressing and fries Contains: 2, 3, 4, 6, 7, 8, 9, 10 W,11

**Meat Feast Platter** 

Southern fried chicken goujons, sweet & spicy chicken wings, BBQ pork ribs, beef burger sliders with Ballymaloe relish & cheddar cheese. With ranch dressing & BBQ dipping sauces and fries Contains: 2,3, 4, 6, 7, 8, 9, 10W, 11

# PERFECT P

Fries Contains: None

**Crispy Sweet Pota** Contains: 10W

Pea & Mint Fricas

Baby Stem Brocco Contains: 2

**Chef's Side Salad** Contains: 4, 11

**Garlic Bread** Contains: 2, 7, 10W

Green Beans in ga Contains:2

**Champ Mashed Potatoes** Contains: 2



### et Beef Burger

€23.50

burger, Dubliner cheese, gherkins, butterhead lettuce, up, brioche bap, red onion, tomato & fries

> €3.50 €3.50

€22.50 With Asian slaw, gherkins, Gochujang chilli & honey dressing, brioche

€6.00

€3.50

€3.50

Garlic king prawns, smoked salmon, fish goujons, mini fish cakes, caper berries, lemon wedges, remoulade sauce, soda bread, Gochujang chilli &

### For 1 €26.00 For 2 €49.50

	For 1 €26.00 For 2 €49.00
PARTNERS	
	€6.00
ato Fries	€6.50
ssee	€6.50
oli with Lemon Butter	€6.50
	€6.50
	€6.50
arlic butter	€5.50
otatoes	€6.00