

DESSERTS

THE SWEET SANCTUARY ESCAPE €11.00

Homemade chocolate brownie, honeycomb, mixed cookies, doughnuts, ice cream
Contains Allergens: 2, 4, 5, 6, 7, 10a, 14

HOMEMADE PASSION FRUIT PANNA COTTA €9.00

Berries, cream, meringue
Contains Allergens: 2, 6, 7, MCT 5

HOMEMADE KINDER CHEESECAKE €9.00

Hazelnut, chocolate shaving, cream, berries
Contains Allergens: 2, 5, 5f, 6, 7, 10a

SELECTION OF ICE CREAM €9.00

Fruit coulis, waffle cone, popping candy
Contains Allergens: 2, 6, 10a, MCT 5

CHEESE SELECTION €15.00

Irish cheeses, compote, grapes, crackers
Contains Allergens: 2, 10a, MCT 5, 7, 8

HOT ALCOHOL

IRISH COFFEE

€9.50

A 50ml measure of Jameson Irish Whiskey, pure ground coffee, sweetened with brown sugar & finished with fresh cream
Contains allergens: 2

CALYPSO COFFEE €9.50

A 50ml measure of Tia Maria, pure ground coffee, sweetened with brown sugar & finished with fresh cream
Contains allergens: 2

BAILEYS COFFEE €9.50

A 50ml measure of Baileys Original Cream, pure ground coffee, sweetened with brown sugar & finished with fresh cream
Contains allergens: 2

FRENCH COFFEE €9.50

A 50ml measure of Hennessy, pure ground coffee, sweetened with brown sugar & finished with fresh cream
Contains allergens: 2

TEA & COFFEE

ESPRESSO €4.20

A shot of strong, highly aromatic coffee with a thick, rich crema

AMERICANO €4.50

A perfectly balanced fusion of hot water and espresso

CAPPUCCINO €4.80

2 shots of espresso & steamed milk with a velvety texture
Contains allergens: 2

CAFFÉ LATTE €4.80

A shot of espresso with silky, textured milk for a smoother taste
Contains allergens: 2

HOT CHOCOLATE €4.90

A luxurious, steaming hot and lusciously smooth chocolate drink
Contains allergens: 2

ALLERGEN INDEX:

1 Peanuts	5e Brazil nuts	10 Gluten
2 Milk	5f Macadamia nuts	10a Wheat
3 Shellfish	5g Pistachio	10b Oat
4 Sulphites	5h Coconut	10c Barley
5 Nuts	5i Hazelnuts	10d Rye
5a Almonds	6 Eggs	11 Mustard
5b Walnuts	7 Soy	12 Celery
5c Pine nut	8 Sesame	13 Molluscs
5d Cashew	9 Fish	14 Lupin

MCT - may contain trace

CROWNE PLAZA®

— BY IHG —

Dublin Blanchardstown

All beef used within our menu is 100% Irish and locally sourced

We regret to inform you that we are unable to split bills for 6 people or more



BAR MENU

Lunch

Service Period 12pm-5pm

SMALL PLATES

CHEF'S SOUP OF THE DAY

€7.50

Homemade wheaten loaf, butter

Contains allergens: 2, 6, 10a, 12

SEAFOOD CHOWDER

€12.50

Selection of fresh & smoked fish, white wine, cream, spring onion, parsley oil with wheaten loaf

Contains allergens: 2, 3, 4, 6, 9 - haddock, salmon, smoked coley, 10a, 13

BAKED CAMEMBERT

€14.50

Honey, rosemary, sesame, mixed leaves, focaccia

Contains allergens: 2, 6, 8, 10a, 11, 12

CRISPY CHICKEN WINGS

Sweet & Sticky BBQ, toasted wasabi sesame seeds,

hoisin mayo OR Franks Hot Sauce, garlic mayo

Contains allergens: 4, 6, 7, 8, 10a

REGULAR €13.50 LARGE €18.50

BONELESS CHICKEN WINGS

Sweet & Sticky BBQ, toasted wasabi sesame seeds,

hoisin mayo OR Franks hot sauce, garlic mayo

Contains allergens: 4, 6, 7, 8, 10a

REGULAR €14.50 LARGE €19.50

NACHOS

€12.00

Crispy corn tortillas, salsa, cheese sauce topped with jalapenos

Contains allergens: 2, 4, 12

ADD CAJUN CHICKEN €6.00

ADD CHILLI BEEF €5.00

SALAD BOWLS

SUPERFOOD SALAD

€14.50

Tossed baby leaf, carrot, quinoa, broccoli, chickpeas, sundried tomatoes, pumpkin seeds, pine kernels, mustard vinaigrette

Contains allergens: 4, 5c, 11

SANCTUARY CAESAR SALAD

€14.50

Baby gem lettuce, crisp croutons, shaved grana Padano, smoked pancetta, Caesar dressing

Contains allergens: 2, 4, 6, 10a, 11

COBB SALAD

€14.50

Mixed leaf, watercress, smoked crispy bacon, avocado, pickled red onion, boiled egg, cucumber, cherry vine tomatoes, crumbled Cashel blue cheese, honey mustard dressing

Contains allergens: 2, 4, 6, 11

GREEK FETA SALAD

€14.50

Cucumber, marinated olives, tomato, pickled red onion, tossed mixed leaf, balsamic vinaigrette

Contains Allergens: 2, 4

UPGRADE YOUR SALAD

ADD CAJUN CHICKEN €6.00

ADD PRAWNS €6.00

SPECIALTY SANDWICHES

PULLED PORK

€14.50

Brioche bun, gherkins, jalapenos, homemade BBQ sauce

Contains allergens: 2, 4, 6, 8, 10a, 11, 12

CLUB SANDWICH

€14.50

Maple bacon, fried egg, peppered rocket, turkey, tomato, lettuce,

Ballymaloe relish, served on sliced white or wholemeal bread.

Contains allergens: 2, 4, 6, 7, 10a, 11, MCT 5, 8

SMASHED AVOCADO WRAP

€13.00

Tomato, mixed leaf, chickpeas, cucumber, pickled red onion, peppers, vegan aioli

Contains allergens: 4, 10a, 11

SWEET CHILLI CHICKEN WRAP

€13.50

Crispy chicken strips, sweet chilli sauce, peppers, onion

Contains allergens: 10a, 11, 12, MCT 7, 8,

GRILLED HAM & CHEESE SANDWICH

€13.50

Smoked applewood cheddar, honey mustard mayonnaise, served on sliced sourdough bread

Contains allergens: 5, 6, 7, 10a, 10d, 11, MCT 5, 8

BRUNCH BUN

€13.50

Brioche bun, bacon, sausage, fried egg, Ballymaloe relish

Contains allergens: 2, 4, 6, 10a, 11, 12

All Specialty Sandwiches are served with vinegar slaw and crisps

CREATE YOUR OWN SANDWICH

WHOLEMEAL OR WHITE BREAD €8.00
Contains allergens: 7, 10a

TOASTED BREAD €8.00
Contains allergens: 7, 10a

GLUTEN FREE BREAD €8.00
Contains allergens: 6

SOFT TORTILLA WRAP €8.00
Contains allergens: 10a

SOUR DOUGH BREAD €10.00
Contains allergens: 10a, 10d, MCT 5, 8

FILLINGS
Sliced beef, chicken, tuna mayonnaise (contains allergens 6, 9, 11), egg mayonnaise (contains allergens 6, 11), Dubliner cheddar cheese (contains allergens 2), tomato, cucumber, red onion.
Served with Vinegar Slaw & Crisps

SIDE OPTIONS

TWICE COOKED CHUNKY CHIPS
€6.00
Contains Allergens: MCT 10a

TOSSED GARDEN SALAD
€6.00
Contains Allergens: 4

MASHED POTATO
€6.00
Contains Allergens: 2

BROCCOLI & TOASTED ALMONDS
€6.00
Contains Allergens: 2, 5a

GREEN BEANS WITH PUMPKIN SEEDS & GARLIC
€6.00
Contains Allergens: 2

LARGE PLATES

GRILLED TOFU
€20.00
Wild mushroom, tender stem broccoli, butternut squash, chilli honey glaze, caramelised walnuts
Contains allergens: 5b, 7

VEGAN BURGER
€21.00
Vegan double stacked patty, butterhead lettuce, tomato, smashed avocado, twice cooked chips
Contains allergens: 8, 10a, MCT 5, 7

FISH 'N' CHIPS
€23.00
Tempura battered lemon sole, tartar sauce, mushy peas, twice cooked chips
Contains allergens: 2, 4, 6, 9, 10a, 11

SANCTUARY BURGER
€22.00
Double stacked 4oz beef burgers, aged cheddar, tomato, pickle, butterhead lettuce & house burger sauce, served with twice cooked chips
Contains allergens: 2, 4, 6, 7, 9 anchovies, 10a, 11, MCT 5

ADD FRIED EGG €2.00
ADD SMOKED STREAKY BACON €2.00

CAJUN CHICKEN BURGER
€22.00
Spicy chicken fillet, cheese, tomato, lettuce, honey & mustard slaw, served with twice cooked chips
Contains allergens: 2, 6, 7, 8, 10a, 11

ADD FRIED EGG €2.00
ADD SMOKED STREAKY BACON €2.00

VEGAN LUNCH

NACHOS
€12.00
Crispy corn tortillas, salsa, jalapenos
Contains allergens: , 4, 12

SUPERFOOD SALAD
€14.50
Tossed baby leaf, carrot, quinoa, broccoli, chickpeas, sundried tomatoes, pumpkin seeds, pine kernels, mustard vinaigrette
Contains allergens: 4, 5c, 11

GRILLED TOFU
€20.00
Wild mushroom, tender stem broccoli, butternut squash, chilli honey glaze, caramelised walnuts
Contains allergens: 5b, 7

VEGAN BURGER
€21.00
Vegan double stacked patty, butterhead lettuce, tomato, smashed avocado, twice cooked chips
Contains allergens: 8, 10a, MCT 5, 7

SMASHED AVOCADO WRAP
€13.00
Tomato, mixed leaf, chickpeas, cucumber, pickled red onion, peppers, vegan aioli
Contains allergens: 4, 10a, 11

VEGAN ICE CREAM
€9.00
Fruit coulis, popping candy
Contains Allergens: 6, 10a, MCT 5