

DESSERTS

THE SWEET SANCTUARY ESCAPE

€14.00

Homemade chocolate brownie, honeycomb, mixed cookies, doughnuts, ice cream
Contains Allergens: 2, 4, 5, 6, 7, 10a, 14

HOMEMADE TIRAMISU

€10.00

Lady fingers, espresso, mandarin wine, mascarpone, cream, cocoa dust
Contains Allergens: 2, 6, 7, 10a, MCT 5

HOMEMADE WHITE CHOCOLATE CHEESECAKE

€10.00

Chocolate sauce, cream, berries
Contains Allergens: 2, 6, 7, 10a, MCT 5

SELECTION OF ICE CREAM

€10.00

Fruit coulis, waffle cone, popping candy
Contains Allergens: 2, 6, 10a, MCT 5

HOMEMADE PAVLOVA

€10.00

Passionfruit, mango, seasonal berries, coconut flakes, cream, honeycomb
Contains Allergens: 2, 10a, MCT 5, 7, 8

HOT ALCOHOL

IRISH COFFEE

€10.50

A 50ml measure of Jameson Irish Whiskey, pure ground coffee, sweetened with brown sugar & finished with fresh cream
Contains allergens: 2

CALYPSO COFFEE

€10.50

A 50ml measure of Tia Maria, pure ground coffee, sweetened with brown sugar & finished with fresh cream
Contains allergens: 2

BAILEYS COFFEE

€10.50

A 50ml measure of Baileys Original Cream, pure ground coffee, sweetened with brown sugar & finished with fresh cream
Contains allergens: 1, 2, 3, 4

FRENCH COFFEE

€10.50

A 50ml measure of Hennessy, pure ground coffee, sweetened with brown sugar & finished with fresh cream
Contains allergens: 2

TEA & COFFEE

ESPRESSO

€4.20

A shot of strong, highly aromatic coffee with a thick, rich crema

AMERICANO

€4.50

A perfectly balanced fusion of hot water and espresso

CAPPUCCINO

€4.80

2 shots of espresso & steamed milk with a velvety texture
Contains allergens: 2

CAFFÉ LATTÉ

€4.80

A shot of espresso with silky, textured milk for a smoother taste
Contains allergens: 2

HOT CHOCOLATE

€4.90

A luxurious, steaming hot and lusciously smooth chocolate drink
Contains allergens: 2

ADD ONS

SYRUPS

€0.60

Vanilla/Caramel/Hazelnut

NON-DAIRY MILKS

€0.60

Oat/Almond

ALLERGEN INDEX:

1 Peanuts	5e Brazil nuts	10 Gluten
2 Milk	5f Macadamia nuts	10a Wheat
3 Shellfish	5g Pistachio	10b Oat
4 Sulphites	5h Coconut	10c Barley
5 Nuts	5i Hazelnuts	10d Rye
5a Almonds	6 Eggs	11 Mustard
5b Walnuts	7 Soy	12 Celery
5c Pine nut	8 Sesame	13 Molluscs
5d Cashew	9 Fish	14 Lupin

MCT - may contain trace

CROWNE PLAZA®

BY IHG

Dublin Blanchardstown

All beef used within our menu is 100% Irish and locally sourced

We regret to inform you that we are unable to split bills for 6 people or more



Sanctuary

BAR MENU

Lunch

Service Period 12pm-5pm

SMALL PLATES

CHEF'S SOUP OF THE DAY €8.00

Homemade wheaten loaf, butter
Contains allergens: 2, 6, 10a, 12

SEAFOOD CHOWDER €12.50

Selection of fresh & smoked fish, white wine, cream, spring onion, parsley oil with wheaten loaf
Contains allergens: 2, 3, 4, 6, 9 - haddock, salmon, smoked coley, 10a, 13

BREADED MOZZARELLA STICKS €10.00

Golden-fried mozzarella, crispy seasoned breadcrumbs, sweet chilli dip
Contains allergens: 2, 6, 10a

CRISPY CHICKEN WINGS

Sweet & Sticky BBQ, toasted wasabi sesame seeds, hoisin mayo OR Franks Hot Sauce, garlic mayo
Contains allergens: 4, 6, 7, 8, 10a

REGULAR €13.50 LARGE €18.50

BONELESS CHICKEN WINGS

Sweet & Sticky BBQ, toasted wasabi sesame seeds, hoisin mayo OR Franks hot sauce, garlic mayo
Contains allergens: 4, 6, 7, 8, 10a

REGULAR €14.50 LARGE €19.50

NACHOS €12.00

Crispy corn tortillas, salsa, cheese sauce topped with jalapenos
Contains allergens: 2, 4, 12

ADD CAJUN CHICKEN €6.00
ADD CHILLI BEEF €5.00

SALAD BOWLS

POWER GREEN SALAD €14.50

Spinach, quinoa, avocado, pumpkin seeds, broccoli, petit pois, sugar snap, citrus vinaigrette
Contains allergens: 4, 8, MCT 5

SANCTUARY CAESAR SALAD €14.50

Baby gem lettuce, crisp croutons, shaved grana Padano, smoked pancetta, Caesar dressing
Contains allergens: 2, 4, 6, 10a, 11

COBB SALAD €14.50

Mixed leaf, watercress, smoked crispy bacon, avocado, pickled red onion, boiled egg, cucumber, cherry vine tomatoes, crumbled Cashel blue cheese, honey mustard dressing
Contains allergens: 2, 4, 6, 11

BERRY BOOST SALAD €14.50

Mixed greens, blueberries, strawberries, cranberries, chia seeds, sunflower seeds, honey-yoghurt dressing
Contains Allergens: 2, 4, 5, 8, 11

UPGRADE YOUR SALAD

ADD CAJUN CHICKEN €6.00
ADD PRAWNS €6.00

SPECIALTY SANDWICHES

VEGAN WRAP €13.00

Roasted red peppers, cucumber, cherry tomatoes, hummus, mixed greens, avocado
Contains allergens: 4, 10a, 11

CLUB SANDWICH €14.50

Maple bacon, fried egg, peppered rocket, turkey, tomato, lettuce, Ballymaloe relish, served on sliced white or wholemeal bread.
Contains allergens: 2, 4, 6, 7, 10a, 11, MCT 5, 8

SANCTUARY STEAK SANDWICH €18.00

6oz striploin, ciabatta, fried onions, pepper sauce
Contains allergens: 2, 8, 10a, 11

SWEET CHILLI CHICKEN WRAP €13.50

Crispy chicken strips, sweet chilli sauce, peppers, onion
Contains allergens: 10a, 11, 12, MCT 7, 8,

GRILLED HAM & CHEESE SANDWICH €13.50

Smoked applewood cheddar, honey mustard mayonnaise, served on sliced sourdough bread
Contains allergens: 5, 6, 7, 10a, 10d, 11, MCT 5, 8

THE SUNRISE BUN €13.50

Fried egg, crispy bacon, Dubliner cheddar cheese, Ballymaloe relish, brioche bun
Contains allergens: 2, 4, 6, 10a, 11, 12

All Specialty Sandwiches are served with mixed leaves and crisps

CREATE YOUR OWN SANDWICH

WHOLEMEAL OR WHITE BREAD €8.00
Contains allergens: 7, 10a

TOASTED BREAD €8.00
Contains allergens: 7, 10a

GLUTEN FREE BREAD €8.00
Contains allergens: 6

SOFT TORTILLA WRAP €8.00
Contains allergens: 10a

SOUR DOUGH BREAD €10.00
Contains allergens: 10a, 10d, MCT 5, 8

FILLINGS

Sliced beef, chicken, tuna mayonnaise (contains allergens 6, 9, 11), egg mayonnaise (contains allergens 6, 11), Dubliner cheddar cheese (contains allergens 2), tomato, cucumber, red onion.

All sandwiches are served with mixed leaves and crisps

SIDE OPTIONS

TWICE COOKED CHUNKY CHIPS €6.00
Contains Allergens: MCT 10a

TOSSED GARDEN SALAD €6.00

Contains Allergens: 4

MASHED POTATO €6.00
Contains Allergens: 2

BACON & CHEESE POTATOES €6.00
Cubed potatoes, smoked bacon, cheese sauce
Contains Allergens: 2, 10a

MIXED GREENS, ALMONDS & MIXED SEEDS €6.00
Contains Allergens: 2, 5a

LARGE PLATES

THE HAPPY PEAR BEETROOT BURGER €21.00
Walnuts, beetroot, vegan bun, butterhead lettuce, tomato, relish, twice cooked chips
Contains allergens: 4, 5, 5b, 7, 10a, 11, 12

ROASTED CAULIFLOWER STEAK €21.00
Spicy gochujang, tahini, pomegranate, toasted almonds, herbed quinoa
Contains allergens: 4, 5a, 7, 12

FISH 'N' CHIPS €23.00
Tempura battered lemon sole, tartar sauce, mushy peas, twice cooked chips
Contains allergens: 2, 4, 6, 9, 10a, 11

SANCTUARY BURGER €22.00
Double stacked 4oz beef burgers, aged cheddar, tomato, pickle, butterhead lettuce & house burger sauce, served with twice cooked chips
Contains allergens: 2, 4, 6, 7, 9 anchovies, 10a, 11, MCT 5

ADD FRIED EGG €2.00
ADD SMOKED STREAKY BACON €2.00

BUTTERMILK CHICKEN BURGER €22.00
Brioche bun, Frank's Hot Sauce, butterhead lettuce, twice cooked chips
Contains allergens: 2, 6, 10a, 11

ADD FRIED EGG €2.00
ADD SMOKED STREAKY BACON €2.00

VEGAN LUNCH

NACHOS €12.00
Crispy corn tortillas, salsa, jalapenos
Contains allergens: 4, 12

POWER GREEN SALAD €14.50
Spinach, quinoa, avocado, pumpkin seeds, broccoli, petit pois, sugar snap, citrus vinaigrette
Contains allergens: 4, 5c, 11

THE HAPPY PEAR BEETROOT BURGER €21.00
Walnuts, beetroot, vegan bun, butterhead lettuce, tomato, relish, twice cooked chips
Contains allergens: 4, 5, 5b, 7, 10a, 11, 12

ROASTED CAULIFLOWER STEAK €21.00
Spicy gochujang, tahini, pomegranate, toasted almonds, herbed quinoa
Contains allergens: 4, 5a, 7, 12

VEGAN WRAP €13.00
Roasted red peppers, cucumber, cherry tomatoes, hummus, mixed greens, avocado
Contains allergens: 4, 10a, 11

VEGAN ICE CREAM €9.00
Fruit coulis, popping candy
Contains Allergens: 6, 10a, MCT 5